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Finding good in the bad

MUSCATINE, Iowa – The good news for me this week is that I've been so busy visiting with friends, family and strangers who wish me well that I haven't had time to get a story ready for today's paper.

Ironically, the best part of having cancer so far is that I've been able to visit with a lot of

PERSPECTIVE



The Good News

Amy Meyer

people who want to share my story and/or share some encouraging ones of their own. One of the most challenging parts of having cancer is that having a breast removed has affected my

arm a lot. My love of writing makes it even harder not to be able to sit for long at my computer and process all the good and the scary things happening in my life right now.

Although my arm is not strong enough to type a whole column yet, I do want to tell everyone I'm doing well. This will be a week of lots of tests and rest. It's hard not to have my usual energy but there are many around me making it as easy as possible. I'm grateful the mastectomy is over and the healing has begun.

Other than my cat, everyone in my life has helped me through this first step in my new journey and I'm more than grateful. Unfortunately I don't know a word that means more than grateful and I'm too tired to fuss about it like usual. I'm heading back to bed for my millionth nap and I hope the cat is, too.

Thank you again to all my readers who have given me this invaluable space to vent and share. Your support has already made a big difference for me and my family. Keep those great stories, hospital jokes, and words of encouragement coming my way through my e-mail.

I appreciate everyone who has helped me find the good news in my bad news.

Amy Meyer, a Muscatine teacher, foster mom and free-lance writer, welcomes your suggestions, comments and fashion tips. To contact her: amymeyer@machlink.com